

# Cut-Off Points and Refreshment Stations

※List current as of April 12, 2016 but subject to change without notice.

Station #	Cut-Off Point	Toilet	First-aid Station	Spot	FUJI 5LAKES (118km)	FUJI 4LAKES (100km)	FUJI 3LAKES (71km)	water	salt	isotonic drink	carbonated drink	hot drink	refreshment
START		parmanent/portable	●	Fujihokuroku Park	0km	0km	0km	●	●	●		●	hot chocolate, lemonade, kelp tea with plum, chocolate
①				Near Fuji Pine's Park	4.9km	4.9km	4.9km	●	●				candy, gummy candy
②		parmanent		In front of School of Nursing [outbound]	8.2km	8.2km		●	●	●			pickled plum
③		parmanent		Lake Yamanaka Myojin Intersection	13.8km	13.8km		●	●		●		Sunkist Orange
④	1	parmanent	●	Lake Yamanaka Parking Area	16.9km	16.9km		●	●	●		●	rice ball with rice seasoning, wakame miso soup, pickled plum
⑤		portable		Misaki Camping Site	22.3km	22.3km		●	●	●			California Raisin, gummy candy
⑥		portable		Restaurant Yakitori Fuji	28.2km	28.2km		●	●		●	●	candy, supplement gummy
⑦		portable		Oshino Onsen	32.1km	32.1km		●	●	●			banana, Sunkist Orange, grapefruit
⑧		parmanent		In front of School of Nursing [inbound]	34.1km	34.1km		●	●	●			pickled plum
⑨	2			Upper Fujihokuroku Park	38.7km	38.7km	9.8km	●	●				candy, gummy candy
⑩		portable		Lake Kawaguchi Stellar Theater [outbound]	43.1km	43.1km	14.2km	●	●		●	●	bread, baumkuchen, chocolate snacks, pretzel sticks
⑪		portable		JA Lake Kawaguchi Shop	47.8km	47.8km	18.9km	●	●	●		●	japanese pickles
⑫				Lodge Akebonoso	51.4km	51.4km	22.5km	●	●		●		Sunkist Orange, grapefruit, banana, grape, cherry tomato, California Raisin
⑬	3	portable	●	Ashiwada Branch Office [outbound]	56.4km	56.4km	27.5km	●	●	★		●	DNS energy replenishments, banana, grapefruit, candy
⑭		portable		Lodge Jukaiso	60.5km	60.5km	31.6km	●	●				sweet bean jelly, candy
⑮		portable		Lake Sai Wild Bird's Park [outbound]	63.0km	63.0km	34.1km	●	●	●		●	Yoshida Udon noodle, California Raisin, banana
⑯		portable		Lake Shoji Restaurant Akaike	67.4km	67.4km	38.5km	●	●	●			Bunmeido castella, gummy candy
⑰		portable		Junction of Route139	71.7km	71.7km	42.8km	●	●		●		pickled plum, sweet bean paste doughnut, amino VITAL energy replenishment
⑱	4	parmanent		Motosu Prefectural Parking Area [outbound]	75.0km			●	●	●			energy drink, banana, cream bun, sweet bean bun
⑲		parmanent		Lake Motosu Nakanokura Tunnel Parking Area	79.0km			●	●	●			candy, supplement tablet
⑳		portable		Koan Camping Site Parking Area	82.6km			●	●				California Raisin, gummy candy
㉑		parmanent		Motosu Prefectural Parking Area [inbound]	86.8km			●	●	●			banana, cream bun, sweet bean bun
㉒	5	portable	●	Old Shoji Elementary School	90.5km	72.2km	43.3km	●	●	●			rice ball with rice seasoning, pickled plum
㉓				Lay-by near Akaike Bridge	92.9km	74.6km	45.7km	●	●		●		sweet bean jelly, candy
㉔		portable		Lake Sai Wild Bird's Park [inbound]	96.0km	77.7km	48.8km	●	●	●		●	Yoshida Udon noodle, California Raisin, banana
㉕	6	portable	●	Lake Sai Community Center	98.9km	80.6km	51.7km	●	●	●		●	Shingenmomo sweet bean paste bun, kelp tea with plum, corn soup, onion soup
㉖		portable	●	Ashiwada Brunch Office [inbound]	103.9km	85.6km	56.7km	●	●	★		●	DNS energy replenishments, banana, grapefruit, candy
㉗		portable		Lake Kawaguchi Amusement Parking Area	107.8km	89.5km	60.6km	●	●				Kewpie rice porridge, pickled plum
㉘	7	portable		Lake Kawaguchi Stellar Theater [inbound]	113.1km	94.8km	65.9km	●	●		●	●	bread, baumkuchen, chocolate snacks, pretzel sticks
㉙		portable		Lake Kawaguchi Field Center	116.7km	98.4km	69.5km	●	●	●			candy
FINISH	8	parmanent/portable	●	Fujihokuroku Park	118.3km	100km	71.1km	●	●	●		●	soup