

4th HIDA TAKAYAMA **ULTRA MARATHON**

第4回程,解高山小小子マラソン



4th HIDA TAKAYAMA ULTRA MARATHON 第4回 飛鮮高山カルトラマケソシ

- 駆け巡る飛騨高山-

Hida Takayama Ultramarathon takes the participants from the variety of nature which guarantees the unforgettable running experience. Special excitement only challengers can feel!

Event Details

Date: Jun 7, 2015 Place: Hida Takayama Big Arena,600 Nakayama-cho, Takayama city, Gifu Japan

Entry Term: Dec 1, 2014 - Mar 31, 2015

Office Address: HIDA TAKAYAMA ULTRA MARATHON Executive Committee

Email address: hida-takayama@r-wellness.com

Website: http://www.r-wellness.com/takayama/english/index.html

Packet Pick Up: The participants who live abroad will pick up their packets at Hida Takayama Big Arena on the previous day.

Start Time: [100km wave 1]4:45am [100km wave 2]5:00am [71km]5:15am 100km race will utilize a wave start.

Qualification: Participants must be 18 years of age or older on the race day. All entrants are required to have run a qualifying marathon.

Capacity: [100km]2,000 [71km]1,000

Participation Prize: Original T-shirt Finisher's Prize: Finisher's Medal

Signs and Course Markers: Kilometer markers will be set up every 2.5km. The course will also have arrows to indicate turns and message boards.

Water Stations: Water stations will be set up every 4-5km.

Awards: Overall top 6 finishers of each race will receive overall awards. Also, top 6 finishers of each age category will receive age-group award. Important Notes: The race director reserves the right to cancel the event due to inclement weather, accident, disease outbreak, etc. In such event, entry fee and transaction fee will not be refunded. Runners should be well-trained and in good health condition to participate in the event. It is advised to take medical check-up before the race.



