

◆Aid Stations◆ International Friendship Race in Historical Road Tango Ultramarathon 2016

No	Location	distance		water/ snack	sports drink	cut-off point	toilet	first- aid staiton	speciality products	special
		100km	60km							
100km START	Amity Tango	0.0	-	●	●	●	●	●		
1	Iso	3.3	-	●			●			
2	Shichiryu-pass Viewing Platform 【forward】	6.9	-	●	●		●	●		
3	Hamazume Parking 【forward】	11.4	-	●	●		●			
4	Kumihama Sankaikan	16.6	-	●	●		●	●	pear special soup	
5	Isobe Shrine	21.3	-	●			●	●		
60km START	Kumihama Seaside Park	-	0.0	●	●	●	●	●		
6	NEW Hekisui-gyoen	25.6	4.1	●			●			
7	Kaizan-en	29.6	8.1	●	●	●	●	●	somen	
8	Hamazume Parking 【backward】	34.1	12.6	●	●		●			
9	Shichiryu-pass Viewing Platform 【backward】	38.3	16.8	●	●		●	●		
10	Asamogawa Fishing Port	43.5	22.0	●	●	●	●	●	special UDON	phiten care station
11	NEW Sanbonmatsu Intersection	47.4	25.9	●	●		●			
12	NEW Tango Kingdom	50.8	29.3	●	●		●		special bread	DNS drink
13	NEW Yasaka Branch	53.9	32.4	●	●	●	●	●	pear / grape BARA-sushi	
14	Traffic Gate	58.3	-	●	●		●			
15	Shin-nakatsubashi	62.0	-	●	●		●			
16	Yoshino	65.5	-	●	●		●			
17	Jukan-rindo Junction	68.8	-	●	●		●			
18	Ikari Plateau Administration Office	71.8	-	●	●	●	●	●	special soup	phiten care station DNS drink
19	Jukan-rindo lay-by	76.1	-	●	●		●			
20	R178 Entrance	79.4	-	●	●		●			
21	Fudeishi Bus Stop	82.7	-	●	●		●			
22	Inobe Bridge	-	35.8	●	●		●			
23	Ichigao Entrance	-	41.2	●	●		●			
24	Tango Branch	84.9	44.9	●	●	●	●	●	minced fish- ball soup	phiten care station
25	Snowplow Garage	87.4	47.4	●	●		●			
26	Anju	89.5	49.5	●	●		●			
27	Mitsu Rord Park	91.5	51.5	●	●		●	●	sweet bean paste soup with rice cake	
28	Kotohikihama Culture Center	93.1	53.1	●	●		●			
29	Hattyo-hama Seaside Park	96.6	56.6	●	●		●			
FINISH	Amity Tango	100.0	60.0	●	●	●	●	●		