

International Friendship Race in Historical Road Tango Ultramarathon 2016

Date	Time	Schedule	Area
Pre-Race day Sep17 Sat.	11:00	Check-in	Amity-Tango
	11:00	FMTango 79.4MHz Live	
	12:00	Let's make the "Bara-zushi"	
	1:00	Training session 1 "Presented by Phiten ultra selfbody control"	
	1:30	Pre-Race Briefings 1	
	2:00	Training session 2 "Presented by Phiten Ultra-selfbody-control"	
	3:00	Opening ceremony	
	3:20	International Friendship Event	
	4:30	Pre-Race Briefings 2	
	5:15	Training session 3 "Presented by Phiten Ultra-selfbody-control"	
6:30	Close the program		

Race-day Sep18 Sun.	2:30	Check-in for 100km (~4 : 10)	100km		※100km Check-in/Start Amity-Tango	
	4:00					
	4:20	Starting Ceremony for 100km				
	4:30	Start for 100km				
	5:00					
	5:30		1h			
	6:00					
	6:30		2h			
	7:00					
	7:30	Check-in for 60km (~8 : 30)	3h	60km	※60km Check-in/Start Kumihama Seaside Park	
	8:00					
	8:30		4h			
	8:50	Starting Ceremony for 60km				
	9:00	Start for 60km				
	9:30		5h			
	10:00			1h		
	10:30		6h			
	11:00			2h		
	11:30	Estimate for 100km 1st winner	7h			
	12:00			3h		
	12:30		8h			
	1:00	Estimate for 60km 1st winner		4h		
	1:30	Official award ceremony for 100km men	9h			Official Award Ceremony Amity-Tango
	2:00	Official award ceremony for 60km men		5h		
2:30		10h				
3:00	Official award ceremony for 60km women		6h			
3:30	Official award ceremony for 100km women	11h				
4:00			7h			
4:30		12h				
5:00			8h			
5:30		13h				
6:00			9h			
6:30	Finish for 100km 1st Group and 60km	14h				
Time limit			14hs	9hs30min		